

Name:

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Bowel Function Chart

Date / Time:	Date & time of bowel action.
Amount:	S (small), M (medium), L (large)
Consistency:	Rate 1-7 on the Bristol stool chart

Strain / push: I (strain to initiate), F (strain to finish), M (used manual assistance)

Emptied completely: Y (emptied well) / N (did not empty completely)

Urgency: 0: No Urge 1: Mild; could take time, 2: Moderate; went fairly quickly, 3: Strong, very urgent, rushing

Soiling: B (before made it to the toilet), A (after motion)

Amount of soiling: A (around anus), S (skid mark on underwear / pad), C (change pad / underwear)

Date / Time	Amount	Consistency	Strain / Push	Emptying	Urgency	Soiling / Amt

Date / Time	Amount	Consistency	Strain / Push	Emptying	Urgency	Soiling / Amt